

The mission of the Rockland Council on Alcoholism and Other Drug Dependence, Inc. (RCADD) is to increase public awareness of the disease of addiction through prevention education and advocacy.

Where do we go for help?

Rockland Council on Alcoholism and Other Drug Dependence, Inc. can provide referrals to treatment, community education and offer family support. We are here to help. Please call RCADD, 25 Smith Street, Suite 101, Nanuet, NY 10954
845-215-9788
www.rcadd.org

rcadd

Stay healthy
Stay Informed
Stay Connected



"The most common and damaging misunderstanding about substance use disorders is that it only concerns the person using the drugs."

Fergal Keane

~~STIGMA~~

LET'S ERASE STIGMA

rcadd

HOPE

An Educational and Support Program for Families Affected by Substance Use Disorders



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TALK TO PEOPLE WHO UNDERSTAND THE FAMILY EXPERIENCE

- ◆ Stress
- ◆ Strain
- ◆ Coping
- ◆ Support



WE WILL HELP YOU TO EXPLORE

- ◆ Signs & symptoms of substance use
- ◆ Mental & emotional impact on families living with an addicted person
- ◆ Family Readiness for effective intervention
- ◆ Explore avenues of support
- ◆ Learn about stages of recovery
- ◆ Find referrals to treatment and support groups

FAMILIES WHO DEAL WITH ADDICTION: THE EMOTIONAL TUG-OF-WAR

When families try to cope with a loved one who is struggling with substance use disorders, they experience a strong internal tug-of-war that can strain the strongest bonds. On one hand, the family understands their loved one is not intentionally trying to hurt them and want to provide their loved one with love, encouragement and support. On the other hand, the lies, manipulation and abuse that the person with a substance use disorder throws at them on a daily basis causes great pain and that pain is directed towards the addict and towards each other. When families try to wrestle with these opposing emotions, the whole family unit suffers.

HOPE is here

We Can Help!



HOPE

IS A STRICTLY CONFIDENTIAL PROGRAM. ALL ATTENDEES ARE PROTECTED BY FEDERAL CONFIDENTIALITY LAW (CFR42)

HOPE

IS A FREE PROGRAM



Families can meet one on one with a facilitator who is experienced in the field of addiction and families. Educational groups will be schedule based on at least 8 people. Educational groups will meet for 2 hours for support and discussion.

It is STRONGLY recommended that families attend this educational session.

SUPPORT