

TO REGISTER FOR
Teen Intervene™

please call:

rcadd

The Rockland Council On
Alcoholism & Other Drug
Dependence, Inc.

845-215-9788 ext. 25

Program is held at:

rcadd

Nanuet Pavilion
25 Smith St. Ste. 101
Nanuet, NY 10954
www.rcadd.org



Cost of the entire program
\$150.00

PRE-PAYMENT REQUIRED

*Look for
warning signs
of possible
substance use*

Possible signs of substance use can be both physical and behavioral and may include withdrawal from normal activities, irritability, unusual requests for money, unexplained changes in friends an, excessive sleeping, strong defiance toward rules and regulation, significant high and lows in his or her energy level.

rcadd

ROCKLAND COUNCIL ON ALCOHOLISM &
OTHER DRUG DEPENDENCE INC.

*Do you suspect
Your Teen is using
alcohol or
other drugs?*

Teen Intervene™
CAN HELP...



*A program that offers an
opportunity to learn healthy
communication skills and the
importance of establishing family
rules surrounding substance use.*

What is Teen Intervene?



■ THE PROGRAM

Teen Intervene is administered in three one-hour sessions.

- The first two-sessions are individual dialogue with the adolescent.
- Session three is an individual session with the parent/guardian of the teenager. This session will include a brief wrap-up conversation with both the parent and the adolescent.

Teen Intervene is not intended for those teens who have a substance use disorder or suffer from an untreated psychiatric disorder.

■ GOALS AND OBJECTIVES

- To motivate the teen to change and improve their self-efficiency skills
- Learn about the harmful effects of substance use/abuse
- Learn communication and coping skills
- Establish and reinforce support systems



■ TEEN INTERVENE™

is an evidence-based program for teenagers ages twelve to nineteen years old who are:

- Exhibiting mild or moderate problems associated with alcohol or other drug use
- Experiencing legal consequences
- Experiencing problems at school
- Arguing with family or friends
- Withdrawing from normal activities